

## **Our sustainability commitments**

We recognise that the climate and nature crises are a major threat to human health and to life as we know it on planet earth. As an organisation, we are committed to reducing our impact on the planet and embedding sustainability within all our activities.

We are a **remote organisation** without a physical premises.

We have taken the following actions.

We are a member organisation of the **UK Health Alliance on Climate Change** and have signed up to achieving <u>their commitments</u>.

We **plan events** using the Pharmacy Declares <u>Sustainable Conference Checklist</u>. In addition, we try and use organic foods wherever possible, try not to use individually wrapped items, do not distribute conference freebies in bags and if paper is required we use recycled paper. We ensure attendees know that it's a sustainable event, ask people to bring their own pens and paper, aim to travel as sustainably as possible, and not to buy anything new for the event. We also include people's assessment of the sustainability of the event in our feedback forms.

We bank with The Cooperative Bank

We do not reimburse **air travel** when the journey can be made by public transport in 6 hours or less.

We have signed the Fossil Fuel Non-Proliferation Treaty and the Plant Based Treaty.

Going forward we plan to ask environmental questions of all our **potential suppliers** and will ask to see a copy of their environmental policy and for details of who they bank with, and whether they provide services for fossil fuel companies or organisations involved in animal agriculture. In addition, we will inquire about both direct and indirect investments in fossil fuel and animal agriculture companies.

We plan to change our insurer from Hiscox to one based on <u>Ethical Consumer</u> scores on climate and animal agriculture elements.



## **Recommendations to team and members**

Bank with an ethical bank that does not invest in fossil fuel or animal agriculture companies.

Use Ecosia as your main web browser.

Prioritise active travel such as walking and cycling. Use public transport in preference to car travel. Limit air travel, especially for journeys that can be made in less than 6 hours using alternate forms of transport.

Eat a whole food plant-based diet.

Power your home use renewable energy sources.

Lowering consumption, buying second-hand wherever possible.

Making sure any paper used is 100% recycled post-consumer waste.

Sign the Fossil Fuel Non-Proliferation Treaty and the Plant Based Treaty.