



# Privacy Policy

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Plant-Based Health Professionals UK (PBHP UK) (“us”, “we”, or “our”) operates the <https://plantbasedhealthprofessionals.com> (pbhp.uk) website and the <https://nlmc.org.uk/> website (the “Service”).

This Privacy Policy explains how we collect, use, store, and share personal data when you use our websites and services (the “Service”). By using the Service, you accept the practices described in this policy.

We use your data to provide and improve the Service. By using the Service, you agree to the collection and use of information in accordance with this policy. Unless otherwise defined in this Privacy Policy, terms used in this Privacy Policy have the same meanings as in our Terms and Conditions, accessible from <https://bslm.org.uk/>

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## Who Are We?

In this policy, "we", "our", or "us" refers to Plant-Based Health Professionals UK C.I.C (PBHP UK).

PBHP Events Ltd is the trading name of the events organisation company for Plant-Based Health Professionals UK. For the purposes of this policy, PBHP Events Ltd will be referred to as Plant-Based Health Professionals UK.

For the purposes of the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018, we are the Data Controller.

Our Data Protection Officer is Shireen Kassam.

## Definitions

**Service:** Service is the <https://plantbasedhealthprofessionals.com> website and/or <https://nlmc.org.uk/> operated by PBHP UK

**Personal Data:** Personal Data means data about a living individual who can be identified from those data (or from those and other information either in our possession or likely to come into our possession).

**Usage Data:** Usage Data is data collected automatically, either generated by the use of the Service or from the Service infrastructure itself (for example, the duration of a page visit).



**Cookies:** Cookies are small pieces of data stored on your device (computer or mobile device).

**Data Controller:** Data Controller means the natural or legal person who (either alone or jointly or in common with other persons) determines the purposes for which and the manner in which any personal information is, or is to be, processed. For the purpose of this Privacy Policy, we are a Data Controller of your Personal Data.

**Data Processors** (or Service Providers): Data Processor (or Service Provider) means any natural or legal person who processes the data on behalf of the Data Controller. We may use the services of various Service Providers in order to process your data more effectively.

**Data Subject (or User):** A Data Subject is any living individual who is using our Service and is the subject of Personal Data.

## Information Collection and Use

We collect several different types of information for various purposes to provide and improve our Service to you.

## Types of Data Collected

### Personal Data

While using our Service, we may ask you to provide us with certain personally identifiable information that can be used to contact or identify you ("Personal Data"). Personally identifiable information may include, but is not limited to:

- Email address
- First name and last name
- Address, State, Province, ZIP/Postal code, City
- Cookies and Usage Data

We may use your Personal Data to contact you with newsletters, marketing or promotional materials and other information that may be of interest to you. You may opt out of



receiving any, or all, of these communications from us by following the unsubscribe link or instructions provided in any email we send.

## Lawful basis for collection

Contract, consent, or legitimate interests.

## Usage Data

We may also collect information on how the Service is accessed and used (“Usage Data”). This Usage Data may include information such as your computer’s Internet Protocol address (e.g. IP address), browser type, browser version, the pages of our Service that you visit, the time and date of your visit, the time spent on those pages, unique device identifiers and other diagnostic data.

## Lawful basis for collection

Legitimate interests (analytics, security) or consent for non-essential cookies.

## Location Data

We may use and store information about your location if you give us permission to do so (“Location Data”). We use this data to provide features of our Service, to improve and customise our Service. You can enable or disable location services when you use our Service at any time, through your device settings.

## Lawful basis for collection

Consent.

## Tracking & Cookies Data

We use cookies and similar tracking technologies to track the activity on our Service and hold certain information.

Cookies are files with a small amount of data, which may include an anonymous unique identifier. Cookies are sent to your browser from a website and stored on your device.

Tracking technologies also used are beacons, tags, and scripts to collect and track information and to improve and analyse our Service.



You can instruct your browser to refuse all cookies or to indicate when a cookie is being sent. However, if you do not accept cookies, you may not be able to use some portions of our Service.

## Examples of Cookies we use

- **Session Cookies.** We use Session Cookies to operate our Service.
- **Preference Cookies.** We use Preference Cookies to remember your preferences and various settings.
- **Security Cookies.** We use Security Cookies for security purposes.

## Lawful basis for collection

Consent or soft opt-in where PECR permits.

## Use Of Data

PBHP UK uses the collected data for various purposes:

- To provide and maintain our Service
- To notify you about changes to our Service
- To allow you to participate in interactive features of our Service when you choose to do so
- To provide customer support
- To gather analysis or valuable information so that we can improve our Service
- To monitor the usage of our Service
- To detect, prevent and address technical issues
- To provide you with news, special offers and general information about other goods, services and events which we offer that are similar to those that you have already purchased or enquired about, unless you have opted not to receive such information

# Legal Basis For Processing Personal Data Under General Data Protection Regulation (GDPR)

If you are from the European Economic Area (EEA), PBHP UK's legal basis for collecting and using the personal information described in this Privacy Policy depends on the Personal Data we collect and the specific context in which we collect it.

We rely on the following lawful bases under UK GDPR for the processing activities described in this policy:

- Contract: processing necessary to perform a contract with you (e.g., event bookings, ticketing).
- Consent: where you have given clear consent (e.g., marketing emails, non-essential cookies). You can withdraw consent at any time.
- Legitimate interests: for analytics, fraud prevention, service improvement, and limited marketing, where those interests are not overridden by your rights. We document and publish a short Legitimate Interests Assessment (LIA) for these activities.
- Legal obligation: where required by law (e.g., accounting, tax).

## Retention of Data

PBHP UK will retain your Personal Data only for as long as is necessary for the purposes set out in this Privacy Policy. We will retain and use your Personal Data to the extent necessary to comply with our legal obligations (for example, if we are required to retain your data to comply with applicable laws), resolve disputes, and enforce our legal agreements and policies.

PBHP UK will also retain Usage Data for internal analysis purposes. Usage Data is generally retained for a shorter period of time, except when this data is used to strengthen the security or to improve the functionality of our Service, or we are legally obligated to retain this data for longer time periods.



## Transfer of Data

Your information, including Personal Data, may be transferred to – and maintained on – computers located outside of your state, province, country or other governmental jurisdiction where the data protection laws may differ from your jurisdiction.

Some processors (e.g., Google, Meta, X, LinkedIn, Stripe, PayPal) may transfer data outside the UK. Where transfers occur, we rely on one or more of the following safeguards:

- UK adequacy decisions; or
- Standard Contractual Clauses (SCCs); or
- Explicit consent where appropriate.

We perform transfer risk assessments for transfers to jurisdictions without an adequacy decision and implement additional technical and contractual safeguards where required.

If you are located outside the United Kingdom and choose to provide information to us, please note that we transfer the data, including Personal Data, to the United Kingdom and process it there.

Your consent to this Privacy Policy, followed by your submission of such information, represents your agreement to that transfer.

PBHP UK will take all steps reasonably necessary to ensure that your data is treated securely and in accordance with this Privacy Policy, and no transfer of your Personal Data will take place to an organisation or a country unless there are adequate controls in place, including the security of your data and other personal information.

## Disclosure of Data

### Disclosure for Law Enforcement

Under certain circumstances, PBHP UK may be required to disclose your Personal Data if required to do so by law or in response to valid requests by public authorities (e.g. a court or a government agency).



## Legal Requirements

PBHP UK may disclose your Personal Data in good faith belief that such action is necessary to:

- To comply with a legal obligation
- To protect and defend the rights or property of PBHP UK
- To prevent or investigate possible wrongdoing in connection with the Service
- To protect the personal safety of users of the Service or the public
- To protect against legal liability

## Security of Data

The security of your data is important to us, but remember that no method of transmission over the Internet, or method of electronic storage, is 100% secure. While we strive to use commercially acceptable means to protect your Personal Data, we cannot guarantee its absolute security.

## Your Data Protection Rights Under General Data Protection Regulation (GDPR)

If you are a resident of the European Economic Area (EEA), you have certain data protection rights. PBHP UK aims to take reasonable steps to allow you to correct, amend, delete, or limit the use of your Personal Data.

If you wish to be informed what Personal Data we hold about you and if you want it to be removed from our systems, please contact us.

In certain circumstances, you have the following data protection rights:

- **The right to access, update, or to delete the information we have on you.** Whenever made possible, you can access, update or request deletion of your Personal Data directly within your account settings section. If you are unable to perform these actions yourself, please contact us to assist you.
- **The right of rectification.** You have the right to have your information rectified if that information is inaccurate or incomplete.



- **The right to object.** You have the right to object to our processing of your Personal Data.
- **The right of restriction.** You have the right to request that we restrict the processing of your personal information.
- **The right to data portability.** You have the right to be provided with a copy of the information we have on you in a structured, machine-readable and commonly used format.
- **The right to withdraw consent.** You also have the right to withdraw your consent at any time where PBHP UK relied on your consent to process your personal information.

Please note that we may ask you to verify your identity before responding to such requests.

You have the right to complain to a Data Protection Authority about our collection and use of your Personal Data. For more information, please contact your local data protection authority in the European Economic Area (EEA).

## Service Providers

We may employ third-party companies and individuals to facilitate our Service (“Service Providers”), to provide the Service on our behalf, to perform Service-related services or to assist us in analysing how our Service is used.

These third parties have access to your Personal Data only to perform these tasks on our behalf and are obligated not to disclose or use it for any other purpose.

## Analytics

We may use third-party Service Providers to monitor and analyse the use of our Service.

### Google Analytics

Google Analytics is a web analytics service offered by Google that tracks and reports website traffic. Google uses the data collected to track and monitor the use of our Service. This data is shared with other Google services. Google may use the collected data to contextualise and personalise the ads of its own advertising network.



You can opt out of having your activity on the Service available to Google Analytics by installing the Google Analytics opt-out browser add-on. The add-on prevents the Google Analytics JavaScript (ga.js, analytics.js, and dc.js) from sharing information with Google Analytics about visit activity.

For more information on the privacy practices of Google, please visit the Google Privacy & Terms web page: <http://www.google.com/intl/en/policies/privacy/>

## Behavioural Remarketing

PBHP UK uses remarketing services to advertise on third-party websites to you after you visit our Service. We, and our third-party vendors, use cookies to inform, optimise and serve ads based on your past visits to our Service.

### X (Formerly Twitter)

X's remarketing service is provided by X Internet Unlimited Company. You can opt out of X's interest-based ads by following their instructions:

<https://help.x.com/en/safety-and-security/privacy-controls-for-tailored-ads>

You can learn more about the privacy practices and policies of Twitter by visiting their Privacy Policy page: <https://x.com/en/privacy>

### Meta Platforms Inc.

#### Facebook

Facebook remarketing service is provided by Meta Platforms Inc. You can learn more about interest-based advertising from Facebook by visiting this page:

[https://www.facebook.com/help/585318558251813/?helpref=uf\\_share](https://www.facebook.com/help/585318558251813/?helpref=uf_share)

To opt out of Facebook's interest-based ads, follow these instructions from Facebook:

[https://www.facebook.com/help/568137493302217/?helpref=uf\\_share](https://www.facebook.com/help/568137493302217/?helpref=uf_share)

Facebook adheres to the Self-Regulatory Principles for Online Behavioural Advertising established by the Digital Advertising Alliance.

You can also opt out of Facebook and other participating companies through the Digital Advertising Alliance in the USA <http://www.aboutads.info/choices/>, the Digital Advertising



Alliance of Canada in Canada <http://youradchoices.ca/> or the European Interactive Digital Advertising Alliance in Europe <http://www.youronlinechoices.eu/>, or opt out using your mobile device settings.

For more information on the privacy practices of Facebook, please visit Facebook's Data Policy: <https://www.facebook.com/privacy/explanation>

## Instagram

Instagram is a service owned by Meta Platforms Inc. To read more about Instagram's privacy settings and how to manage your ad preferences:

<https://privacycenter.instagram.com/policy/version/23954169707588482/>

## Google Ads & YouTube

Our remarketing service for Google Ads and YouTube is provided by Google LLC. Google uses cookies and similar technologies to serve ads to you based on your past visits to our Service.

You can opt out of Google's interest-based advertising by visiting Google's Ads Settings page: <https://www.google.com/settings/ads>

You can also opt out of interest-based advertising from Google and other participating companies via:

- The Digital Advertising Alliance (USA): <http://www.aboutads.info/choices/>
- The Digital Advertising Alliance of Canada: <http://youradchoices.ca/>
- The European Interactive Digital Advertising Alliance: <http://www.youronlinechoices.eu/>

For more information on Google's privacy practices, please visit Google's Privacy Policy:

<https://policies.google.com/privacy>

## LinkedIn

LinkedIn's remarketing service is provided by LinkedIn Corporation. LinkedIn uses cookies and similar technologies to show you ads based on your interactions with our Service.

You can manage your LinkedIn advertising preferences by visiting:

<https://www.linkedin.com/psettings/advertising>



You can learn more about LinkedIn's privacy practices by visiting their Privacy Policy:

<https://www.linkedin.com/legal/privacy-policy>

## Payments

We may provide paid products and/or services within the Service. In that case, we use third-party services for payment processing (e.g. payment processors).

We will not store or collect your payment card details. That information is provided directly to our third-party payment processors whose use of your personal information is governed by their Privacy Policy. These payment processors adhere to the standards set by PCI-DSS as managed by the PCI Security Standards Council, which is a joint effort of brands like Visa, Mastercard, American Express and Discover. PCI-DSS requirements help ensure the secure handling of payment information.

### The payment processors we work with are:

#### Stripe

Their Privacy Policy can be viewed at <https://stripe.com/us/privacy>

#### Eventbrite

Their Privacy Policy can be viewed at <https://www.eventbrite.com/help/en-us/articles/460838/eventbrite-privacy-policy/>

#### Paypal

Their Privacy Policy can be viewed at <https://www.paypal.com/uk/webapps/mpp/ua/privacy-full>

## Links To Other Sites

Our Service may contain links to other sites that are not operated by us. If you click on a third-party link, you will be directed to that third-party's site. We strongly advise you to review the Privacy Policy of every site you visit.



We have no control over and assume no responsibility for the content, privacy policies or practices of any third-party sites or services.

## Children's Privacy

Our Service does not address anyone under the age of 18 ("Children"). We do not knowingly collect personally identifiable information from anyone under the age of 18. If you are a parent or guardian and you are aware that your Child has provided us with Personal Data, please contact us.

If we become aware that we have collected Personal Data from children without verification of parental consent, we take steps to remove that information from our servers.

## Data Breach Notification

If we become aware of a personal data breach likely to result in a risk to individuals' rights and freedoms, we will notify the Information Commissioner's Office within 72 hours and affected individuals where required by law. Report suspected breaches to [info@pbhp.uk](mailto:info@pbhp.uk) immediately.

## Rights Process

To exercise your rights (access, rectification, erasure, restriction, portability, objection, withdraw consent), contact [info@pbhp.uk](mailto:info@pbhp.uk). We will respond within one month and may request proof of identity. Complex requests may take up to two additional months; we will explain any extension.

## Changes To This Privacy Policy

We may update our Privacy Policy from time to time. We will notify you of any changes by posting the new Privacy Policy on this page



We will let you know via email and/or a prominent notice on our Service, prior to the change becoming effective and update the “effective date” at the top of this Privacy Policy.

You are advised to review this Privacy Policy periodically for any changes. Changes to this Privacy Policy are effective when they are posted on this page.

## Contact Us

If you have any questions about this Privacy Policy, please contact us:

General: [info@pbhp.uk](mailto:info@pbhp.uk)

Event-related queries: [events@pbhp.uk](mailto:events@pbhp.uk)