

The Case for more Plant-Based Food in Schools: Reports and articles to support presentation

Plant-Based Health Professionals UK, information for raising vegan/plant-based children

<https://plantbasedhealthprofessionals.com/kids>

British Dietetic Association: Are we achieving 5-a-day? <https://www.bda.uk.com/resource/are-we-achieving-5-a-day.html>

The EAT Lancet Commission Summary Report: [https://eatforum.org/content/uploads/2019/07/EAT-Lancet Commission Summary Report.pdf](https://eatforum.org/content/uploads/2019/07/EAT-Lancet_Commission_Summary_Report.pdf)

The Eatwell Guide (NHS): <https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/>

The National Diet and Nutrition Survey (NDNS): <https://www.gov.uk/government/collections/national-diet-and-nutrition-survey>

'Supporting a children's nursery in the transition to a plant-based menu' (Essex nursery project): <https://plantbasedhealthprofessionals.com/supporting-a-childrens-nursery-in-the-transition-to-a-plant-based-menu>

'UK's first plant-based school kitchen' (Sussex school project): <https://www.itv.com/news/meridian/2022-02-17/uks-first-plant-based-school-kitchen-as-pupils-react-to-a-meat-free-menu>

Vegan Inclusive Education (The Vegan Society): <https://www.vegansociety.com/lifestyle/vegan-inclusive-education>

Vegan Inclusive Education <https://vieducation.co.uk/>

Veganism In Education <https://teachvine.org/>

