



# The Supreme Master Ching Hai International Association

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21<sup>st</sup> October 2020

*Dr. Shireen Kassam MBBS, FRCPATH, PHD*

*Founder and Director of Plant-Based Health Professionals UK  
United Kingdom*

*Esteemed Doctor,*

*It is with great admiration and gratitude that we present to Plant-Based Health Professionals the “Shining World Compassion Award” for providing “evidence-based education on whole food plant-based nutrition for the prevention and treatment of chronic disease.” This Award is presented in recognition of your passionate, exemplary efforts to educate health professionals, and ultimately all citizens, of the imperative need to adopt the loving vegan diet. Quoting scientific research, the link between meat and disease is irrefutable, as is the solution to restore health; change food choices to select plant-based nutrition.*

*Plant-Based Health Professionals UK consists of a group of vegan doctors advocating for a nobler way of eating. The group joined together with the global No Meat May campaign to urge the public to be vegan to help the world avoid future pandemics. You warned, as have scientists worldwide, that future pandemics could arise from intensive livestock systems, which produce more than 90% of the meat consumed worldwide today. A member and well-known physician Dr. Gemma Newman stated, “Our industrial scale factory farms are like a ticking time bomb – yet I can guarantee that lentils will not spark a viral pandemic anytime soon.” Your doctors urged the public to participate in support programs like No Meat May, which saw a record 33,000 signatories this year compared to 10,000 in 2019.*

*For commitment to save lives by promoting disease prevention via veganism, for courageously using your brilliant God-given skills to convince others of the benefits of plant-based nutrition, and for your exemplary patient care; in God’s merciful love we are honoured to salute the praiseworthy, compassionate deeds of Plant-Based Health Professionals UK. May Heaven forever bless all involved in working toward a peaceful and love-filled vegan future.*

*With Love and Immense Blessings in God’s Protection*

*Supreme Master Ching Hai*

**Be Vegan, Make Peace.**  
**PEACE:**  
It begins on our plate.  
**VEGANISM:**  
The lives’ saving way to live.